

## LGBTQIA+

#### **LGBTI Health Alliance**

# https://www.lgbtihealth.org.au/mindout

Develops and delivers national suicide prevention initiatives for the mental health and suicide prevention sectors specifically to meet the needs of LGBTIQ+clients.

### **QLife**

https://qlife.org.au/

**1800 184 527 -** 03:00pm - 00:00am 7 days a week

Anonymous, free, LGBTIQ+ peer support and referral for people in Australia wanting to talk about sexuality, identity, gender, bodies, feelings or relationships. Telephone support and online chat available.

#### **PFLAG**

# https://pflagaustralia.org.au/about

Parents and Friends of Lesbians And Gays A non-profit voluntary organisation whose members have a common goal of keeping families together. PFLAG is here to give help, support and information to families, friends of all gay people.

#### **Rainbow Families - NSW**

## https://www.rainbowfamilies.com.au/

An inclusive community that support, empowers and celebrates LGBTQ+ Rainbow Families. The voice for, and champion of, LGBTQ+ Families and prospective parents in NSW. Support guides available on the website.